



**Indiana
Department
of
Health**

Drug Overdose Prevention Newscast

Jan. 3, 2023

Updates

Indiana Behavioral Health Commission Report Findings

The Indiana Behavioral Health Commission recently reported that untreated mental health conditions cost Indiana approximately \$4.2 million per year. Researchers analyzed measures including productivity, insurance costs, and indirect costs, such as caregiving and unemployment. In the full report, experts provide several recommendations to improve the crisis system in Indiana. This includes educating Hoosiers on the 988 Suicide and Crisis Lifeline, improving access to mental health services, and identifying subpopulations who are most at risk.

The Indiana Behavioral Health Commission was founded in 2020 by the Indiana General Assembly to determine the cost of untreated mental health challenges for the state. The commission includes a variety of experts, including health policy and management professionals and representatives from WISE (Wellbeing Informed by Science and Evidence) Indiana.

Read the full report: [CLICK THIS LINK](#)

Arts-Based Interventions for Substance Use Prevention

A recent Canadian study suggests that arts-based prevention programs may curb substance use rates among adolescents.

Researchers analyzed several art-based programs, which included photography, writing poetry, painting, music, and dance, and reported high rates of participation when implemented in school settings. Art-based programs also created a inclusive and safe environment for participants, and helped empower teens at risk to resist substance use. Creative expressions give adolescents an outlet to explore their thoughts, actions and behaviors, the study said.

Researchers note that these programs are still in development, but further recommendations include ensuring programs are culturally competent and involving the target population in the planning process.

[CLICK THIS LINK](#)

Upcoming Events

Crisis Line Response: Helping People With Personality Disorders

10 a.m. - 11 a.m. CST, Jan. 4

Hosted by: Great Lakes MHTTC

Crisis call centers must address the challenge of burnout among staff. Calls can leave the worker exhausted and the caller in worse shape than in the beginning of the call. This one hour training addresses burnout for crisis line workers and how to assist callers with personality disorders. The training is led by physician David Mays, who is board certified by the American Board of Psychiatry and Neurology. To register, [CLICK THIS LINK](#)

FIRM 2023 Bent But Not Broken: Overcoming Adversity, Cultivating Resilience

9 a.m. - 2 p.m. EST, Jan. 13

William K. Nasser, M.D., Healthcare Education and Simulation Center

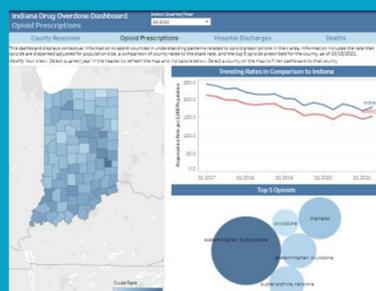
1801 W. 86th St., Indianapolis, IN 46260

Hosted by: FIRM Committee

Hard times are inevitable, and failure is a natural part of life. At this free conference, participants will listen to keynote speakers and participate in interactive activities to help them build resiliency skills. To view the conference itinerary and reserve your spot, [CLICK THIS LINK](#)

Indiana Drug Overdose Dashboard

Please visit the [Indiana Drug Overdose Dashboard](#), where you will find data from 2017 up to provisional data for 2021. In this dashboard, you will find data regarding opioid prescriptions, hospital discharges, and drug-related deaths. You can use this dashboard to explore overdose data at the county and state levels.



To **promote**, **protect**, and **improve** the health and safety of all Hoosiers

Indiana Department of Health

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